

MAMFT Greater MN Conference 2019

Workshop Presenter Bios

Let's Talk Pleasure

Shelley Dahl-Monroe, MS, LMFT worked previously with Rural Minnesota CEP where she assisted low-income families to become self-sufficient by helping them to obtain and maintain employment. Before that, she worked in a residential facility for individuals with traumatic brain injuries. She has extensive experience providing group, individual, and family therapy, as well as school-based day treatment services. Shelley specializes in working with children, adolescents and their families. In 2017, Shelley started her private practice, Therapy Services with Shelley, PLLC. At TSWS, Shelley now works as an outpatient therapist, and provides group, individual, and family therapy. She works with families, couples, groups, adolescents and adults. She leads groups in Dialectical Behavior Therapy (DBT) and is a certified Incredible Years Parent Group leader. She is also certified in Trauma-Focused Cognitive Behavior Therapy. Shelley is licensed in Minnesota and North Dakota as a Marriage & Family Therapist (LMFT). She is a member of the American Association of Marriage and Family Therapy (AAMFT) and is an AAMFT-approved supervisor. Shelley received a certificate in Sex Therapy and Sexuality Education from the University of Michigan. She is also an ambassador for the National Health Service Corps. In her spare time, Shelley enjoys traveling, swimming, walking, going to movies, quilting, baking, and spending time with her friends, family, and pets. Shelley is also in the beginning stages of training her cat, Kida, to become a therapy cat!

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Taking Sci Fi Out of Sex: Uncomplicating Sexual Issues in ASD

Will Pearson, M.S., LMFT is a mental health therapist at Anne Carlsen Center in Moorhead, Minnesota. Will, who is fluent in Spanish, is an LGBTQ-affirmative therapist whose career reflects his commitment to social justice, diversity, and the communities he serves. Will's experiences, both at home and abroad, include interviewing LGBT asylum applicants fleeing persecution in their home countries, serving as a Peace Corps Volunteer in China, and work with the San Francisco's Public Defender. Will's work is from a solution-focused perspective, and he sees clients of all ages for therapy.

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Consent Violations in Loving Relationships-Healing through Pleasure AND

Turn On! Arousal Explained for Every Body-The Therapist Version

Laura Rademacher, MA, LMFT, CST is an AASECT Certified Sex Therapist and a Licensed Marriage and Family Therapist who got her start as a sex-positive sexual health educator. She is the author of *The Principles of Pleasure: Working with the Good Stuff as Sex Therapists and Educators*. In addition to providing trainings and workshops in the Twin Cities area (Minnesota Reproductive Health Update Conference, MnATSA, Blind Friends of Lesbian, Gay, Bisexual and Transgender People, The Smitten Kitten, and Teenwise MN), Laura has presented nationally for: AASECT (American Association of Sex Educators, Counselors, and Therapists), Southwestern College, CatalystCon, Pride Festival in Stockholm Sweden and others. Her workshop, *Teaching Pleasure; Best Practices* was awarded the 2014 Schiller Prize by AASECT.

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BDSM: What it is, what it isn't

Shawny Sena, MS is a therapist at Cedar Hill therapy in Edina and Family Tree Clinic in St Paul. Shawny specializes in working with LGBTQIA families across the lifespan with a speciality in gender identity and lesbian issues.

Working with Trauma in Global Family Therapy: The Need to Repair the Cultural Worldview when Healing from Sexual Assault

Lucas Volini, DMFT, LMFT is an assistant professor at St. Cloud State University in the department of community psychology, counseling, and family therapy and clinical director of the marriage and family therapy graduate program. As the founder of global family therapy, his research has been published in international peer-reviewed journals and presented both regionally and nationally through various professional associations. Most recently, global family therapy's extension into macrosystemic cultural divisions has led research and policy initiatives within the American Family Therapy Academy and has directed educational reform in public schools at the levels of K-12 and Universities in relation to creating cultures of meaning. Dr. Volini sees individuals, couples, and families part time at Lorenz Clinic in Victoria, MN.

Transforming Adverse Life Experiences

Mary Whitney, PhD has over 20 years as a restorative justice expert and conflict resolution specialist. She founded "Women Planting Seeds" serving domestic violence survivors and women exiting incarceration. Mary received numerous awards, including the Presidential Lifetime Volunteer Service Award in 2010. She is an exceptional motivational speaker on the power to heal and author of four books.

Mary's real-life experiences help her connect with people as she sets herself apart because she is great at connecting interpersonally with a lot of different cultures. She can connect with people who have experienced similar things to her, or she can connect with people that do not have same or similar backgrounds as hers. Her real-life experiences have made her who she is today, and it really represents her brand. Ms. Whitney has not only survived rape, but she is also one of Minnesota's top transformation experts.

The Double Bind of Sexual Violence

Samantha Woller is a graduate student in St. Cloud State's MS in Marriage and Family Therapy graduate program with an undergraduate degree from the University of Minnesota (Duluth) in Psychology/Philosophy with a focus on women's issues. Throughout her career, Ms. Woeller has worked closely with PAVSA (Program to Aid Victims of Sexual Assault), Safe Haven and Anna Marie's Alliance.